

After School Enrichment Clubs

Fall Session Oct. 1 – Nov. 30, 2018

3:00 – 4:00 PM (Please pick up promptly!)

Forms due back on Monday, Sept. 24th – Return to Office!

Please note- Payment MUST accompany sign up. If a club is canceled, or your child is not placed in the club, your money will be returned. Make checks payable to: ECS (Elysian)

You must provide separate checks for each child and each club. That way, if your child only gets into one club, your check(s) can easily be returned.

* You will not be able to enroll in a club if you have an outstanding balance in the Lunch Program and/or After Care Program.

MONDAY

The Game Show Club - w/ your host, John Rutledge

Grades 3-4-5-6

Maximum: 12

\$125 – 8 weeks

Do you long to be a contestant on Family Feud or Wheel of Fortune? Do you really think you are “Smarter Than A 5th Grader (or 5th Grade Teacher??). Do you try to beat the challenges on “Minute To Win It?” If so, come be a part of the Game Show Club! We will engage in group games that offer opportunities for friendly competition that build your sportsmanship and teamwork skills. Get ready for some fun games and even some exciting physical and mental challenges.

Debate Club III - w/ Ashley Shirazi

Grades 6-7-8

Maximum: 12

\$130 – 8 weeks

This immensely popular club is modeled on the prestigious Model UN program. Club members will learn the history of the United Nations, role play delegates to the UN and simulate UN committees. Each week club members will learn the basics of negotiation, public speaking and debate skills through fun activities straight from Harvard Law School. Club members who continue with the club through the Spring session will be taking a trip to the United Nations. New members are always welcome!

This will be the first year in which Elysian will be participating in cross-school competitions so debaters can put all that they have learned to the test!

MONDAY Cont.

Dance with Derrick - w/ Derrick Ladson

Grades K-1-2-3-4

Maximum: 20

\$130 – 8 weeks

Everyone looks forward to this highly energetic and super fun dance club!! Each week begins with a warm up that includes stretching and simple exercises that ready you for the choreographed dance routine to follow. Derrick will also introduce different dance games that help build confidence, self esteem and coordination. A full dance routine will be performed at the end of the session for families and the school community (a true highlight of our community meetings!).

Crazy Chemistry: Slime & Beyond - w/ Alyssa Rosen

Grades 1-2-3-4

Maximum: 12

\$140 – 8 weeks (materials cost included)

Do you love to mix things, stir up concoctions and watch them bubble over, make slime and do science experiments? Then this is the club for you! We will explore physical and chemical changes, learn about the chemistry that you encounter every day in your house and at school and get an understanding of how they affect almost everything you do. Each week our club members will be hands on with really cool science experiments!

TUESDAY

Baking Club: Muffins, Macaroons & More - w/ Diane DeSombre

Grades: 3-4-5-6-7-8

Maximum: 8

\$175 – 8 weeks (materials cost included)

Are you a fan of the The Great British Bake Off? Do you think you have what it takes to be a contestant on The Cupcake Wars? Well, it's time to show what you got! In this club we will explore the basics of baking including measuring ingredients, basic decorating, kitchen etiquette and safety all while whipping up delectable creations with our resident baking guru, Chef (and Nurse) Diane! Novice and experienced bakers are welcome! And, best of all, each week you will take home samples of what you've made to share with your family (or not!).

TUESDAY Cont.

Logic Puzzles: Think Outside the Box - w/ Emily Killea

Grades 3-4-5-6

Maximum: 15

\$125 – 8 weeks

Each week students will challenge themselves and each other by engaging in logical thinking by creating and then solving a variety of logic puzzles, games and scenarios. If you are a fan of crossword puzzles, Sudoku and word search, this is the perfect club for you! The ultimate challenge..... at the end of the session we will be doing an in-school “escape room” where your logical thinking skills will be put to the test!

Creative Clay Creations - w/ Nicole Berger

Grades 2-3-4

Maximum: 10

\$140 – 8 weeks (materials cost included)

Members of Creative Clay Creations will work with polymer clay to create fun mini sculptures which can be turned into magnets, keychains, charms, beads, junk critters or whatever your heart desires (or imagination can think of). Each week club members will experience the very basics of sculpture by creating something unique and creations will be baked to ensure that they last for years to come!

Healthy Minds in Active Bodies - w/ Lauren Barker

Grades K-1-2

Maximum: 10

\$135 – 8 weeks

This club will encourage children to lead a healthy lifestyle in a fun and active way and develop healthy habits and a healthy self-image. Each class will begin with a fun exercise, game or activity that gets the heart pumping and the body moving and follow with creating and munching on a healthy snack. Students will learn that “food is fuel” and what you eat affects how you feel in both a good and bad way. Children are never too young to learn how to get healthy, stay healthy and lead healthier lives.

WEDNESDAY

Wonder League Robotics Club - w/ Mad Science

Grades 2-3-4

Maximum: 15

\$160 – 8 weeks

A fantastic introduction to coding and robotics with Dash & Dot, the friendly robot duo from Wonder Workshops. With guidance from the instructor, children will learn valuable skills such as creative problem solving and teamwork while having a load of fun with D & D! There is no experience required! Robots and tablets will be provided as students are led through the various lessons and challenges.

Chess Club - w/ Johanna Soto and Milligan Henson

Grades K – 8

\$275 - * please note Chess Club runs for 14 weeks

Our goals for the Chess Program are to help student players develop and hone skills that help them focus, solve problems efficiently and master cognitive reasoning. This is true for both the beginner as well as the more advanced player. Class time will include challenging lessons, group activities and practice. As with any skill, becoming a great chess player requires time and dedication. We welcome back Coach Johanna Soto, of NJ Chess Mates, and Coach Milligan Henson, a Chess Master, from The Open File.

This year, we would like our chess players to make their mark as a team within the scholastic chess community. To accomplish this goal, we will be focusing on student growth, tournament preparation and team building. We will be dividing the students into two teams. Coach Johanna will be leading Team 1, the Knights, for our beginners, advanced beginners and early intermediate players. Coach Milligan will be leading Team 2, the Bishops, which will be open to the intermediate and advanced players. All of our chess players who choose to do so will be eligible to participate in the tournaments, however, those players on Team 2 who wish to play in the tournament will be representing Elysian as a school team. On the first day of club, both coaches will observe the student's skill level and determine which team they are better suited to begin on.... but, there will be opportunities over the course of the club to make the move onto Team 2 if a student shows growth and good sportsmanship. Additionally, students will be able to participate in the advanced class on days they show exceptional progress in any way.

WEDNESDAY Cont.

You Too Can “YouTube”: Video Skit Club - w/ Jeff Belton

Grades 4-5-6

Maximum: 12

\$150 – 8 weeks (please note this club will be 1 ½ hours each week)

Do you often watch YouTube and think “I can do that!”. Do you one day hope to be just like your favorite YouTuber and have millions of followers? Well, you better get started! In this club, students will write, rehearse and perform in a video skit just like their favorite YouTubers and social media stars (can you say Ninja?). Each of the skits that the students create will be filmed and, if they choose, be uploaded to share with the Elysian community on vimeo. This club will run for 1 ½ hours each week to allow for extra time to rehearse and film the skits. If your child can only stay for 1 hour, that will be fine

Girl Boss! - w/ The Inner Athlete’s (TIA), Lisa Hantman

Grades 5-6-7-8

Maximum: 11

\$175 – 8 weeks

We are so happy to welcome... Girl Boss, a unique and fun club designed just for GIRLS! It aims to empower and build self-confidence while learning the importance of positivity and mindfulness. Through open discussion, some topics that will be covered each week include negative self-talk, beauty and body image, social media influences and wellness. Each class takes place in a safe, respectful and supportive environment facilitated by TIA’s Lisa Hantman. Classes include projects, discussions and movement/physical activity that encourage empowerment, confidence, positive connections and goal setting.

Lisa Hantman is the creator and owner of The Inner Athlete, a Hoboken indoor athletic facility where children are exposed and motivated to participate in a variety of sports, physical activities and movement that enhance their lives and health. Lisa holds a Masters Degree in Physical Education and Health.

THURSDAY

Ninja Warrior of the Mind – w/ Ashley Shirazi

Grades 3-4-5

Maximum: 15

\$135 – 8 weeks

Do you enjoy creating new things? Do you welcome challenges and healthy competition? Then it's time to exercise and challenge your brain... in the Ninja Warrior of the Mind Club!! Each week, students will be given a new challenge such as building an irrigation system, writing a screenplay and constructing a set for a commercial, creating a non-verbal language and more! This club is based on "Odyssey of the Mind, an international creative problem solving program that engages students in their learning by allowing their knowledge and ideas to come to life in an exciting, productive environment."

Lego Engineering & Construction – w/ Bricks 4 Kidz

Grades 1-2-3

Maximum: 14

\$150 – 8 weeks

Do you want to put your engineering skills to the test... with LEGOS?? YES! Then join this club and we will build bridges, buildings, vehicles and more! Students will build a different project each week using LEGO bricks and elements to explore engineering, architecture and technology. This class provides a fun, hands-on learning and building experience focused on STEM concepts. Using LEGOS, Bricks 4 Kidz encourages critical thinking, creativity, organizational skills, problem solving and teamwork.

Girl Power Yoga - w/ Tara Dublanica, LCSW

Grades 2-3-4

Maximum: 10

\$135 – 8 weeks

The goal of this club is to empower girls self-confidence, acceptance and positive coping skills through the practice of yoga and deep breathing. Members will be taught basic and challenging yoga poses as they let go of their stress and feel great about themselves. Our girls will meditate and participate in activities that encourage supporting one another, positive self-image, strength and kindness towards oneself and others.

It is important that all club participants agree to follow the group rules which include refraining from any behavior that is not in the spirit of yoga.

THURSDAY Cont.

Toilet Paper Roll Madness Club - w/ Casey Crane

Grades 2-3-4

Maximum: 10

\$135 – 8 weeks (materials cost included)

Hey all you toilet paper roll maniacs out there! Come join us as we cut, paste, create and imagine all the things you can make with (finished!) toilet paper rolls! How about monsters? How about fish? How about a kazoo?? How about a turkey centerpiece for your Thanksgiving table! We're on a "roll" and there is no telling where our creativity will take us!

Introduction to Tennis – w/ Tennis Prime Academy

Grades 2-3-4

Maximum: 14

\$250 – 8 weeks (all equipment provided)

For the first time ever (and fresh off the heels of the U.S. Open), we are bringing Tennis to the after school enrichment program! Our gym space will be transformed into Center Court at Wimbledon (actually, it will be two slightly smaller courts) to give children the opportunity to learn the basics of tennis while also having fun. Each week, our tennis coaches will lead the players in a warm up and follow with teaching the fundamentals of the game (coordination skills, forehand and backhand grips, volleying, rallying, lobs, game/set scoring, etc). All equipment (racquets/balls) will be provided unless you prefer to bring your own racquet.

Our head coach, Ivan Krcelic, is the Director of Tennis Prime Academy, which provides tennis instruction to children ages 7 and older in the NYC and NJ area (based at the Ft. Lee Racquet Club). Tennis Prime trains youth in the sport of tennis with the goal of getting them ready for tournament play. Krcelic has trained and played with several of the Top 100 ATP (Association of Tennis Professionals) players.

FRIDAY

Rock Climbing – w/ The Gravity Vault

Grades 3-4-5-6-7-8

Maximum: 24

\$180 – 8 weeks

Our wildly popular climbing club is back!!! This club is designed to teach rock climbing skills in a fun environment. It is an opportunity for kids to build strength, confidence and independence. The instructors will teach top-rope climbing, bouldering, games, knot tying, technique and more! An Elysian staff member will escort the children to the Gravity Vault each week and remain for the duration of the class to walk them back to school for dismissal. Both new climbers and returning climbers are welcome! Those more experienced climbers, who have taken the club before, will have the opportunity to work, as a group, with an instructor on more challenging climbs.

Jewelry Making & Crafts Club – w/ Ashley Shirazi

Grades 1-2-3

Maximum: 12

\$150 – 8 weeks (materials cost included)

Learn the art of jewelry making with a 3rd generation jeweler (who also happens to be our 6th grade teacher!). Each week, students will get an in-depth and hands-on introduction to precious and semi-precious stones as they create unique, wearable jewelry pieces. Students will also have the opportunity to explore, design and create other crafts using various materials provided. Imagine how proud you will be when you show off your custom designs to family & friends!

Lego Engineering & Construction - w/ Bricks 4 Kidz

Grades K

Maximum: 12

\$150 - 8 weeks

Did somebody say LEGOS?? Students will combine learning and fun in this hands-on class that engages students in building real world objects with building blocks. Each week, students will create and build a new project through guided instruction. Projects are designed to encourage creativity and imagination, while enforcing essential problem solving and critical thinking skills.

Basketball Skills - w/ Jeff Belton

Grades 4-5-6

Maximum: 15

\$130 – 8 weeks

This club will focus on sharpening your basketball skills such as dribbling, shooting, passing, defense and rebounding all while having fun and building stamina. Through drills, practices and games, Jeff will get you game ready for the upcoming basketball season!

