

# **After School Enrichment Clubs**

**WINTER SESSION: JAN. 21 – MARCH 23, 2020**

**3:00 – 4:00 PM (unless otherwise indicated)**

**Forms due back by Friday, January 10th – Return to Office!**

Payment **MUST** accompany sign up form. If a club is canceled, or your child is not placed in the club, your money will be returned. Make checks payable to: ECS (Elysian)

You must provide separate checks for each child and each club. If your child does not get into all requested clubs, your check(s) can easily be returned.

\* Your child may sign up for as many clubs as they want, but please be sure to indicate HOW MANY clubs you want them to take, if space permits.

## **MONDAY**

### **Debate Club 202: Mock Trial Simulations**      w/ Ashley Katz & Lauren Barker

Grades 7-8

Maximum: 12

**\$160 – 8 weeks**

**\*\* This club is only open to returning Debate Club members \*\***

This club is modeled on the prestigious Mock Trial Club. Students participating in Mock Trial Club will gain insight into the courtroom by examining real court cases through the scope of a legal representative. Mock Trial Club involves research, public speaking, debating, and writing skills as well as critical thinking, teamwork and leadership capabilities. While they are under no obligation, it is highly recommended that students continue on from the Fall session, if possible. This club will culminate with a field trip in the Spring to NYU School of Law.

### **Jedi Training Academy**      w/ Parker Anderson Enrichment

Grades K-1

Maximum: 10

**\$175 – 8 weeks**

Hot off the heels of Star Wars: The Rise of Skywalker, the force will be with you as you learn the ways of the Jedi! Play Star Wars games and graduate from Padawan to Jedi Master! You will play characters, learn to draw the Clone Wars cartoon characters and even take home your very own Light Saber! If you are a Star Wars fanatic, join your fellow Warsies “a long time ago, in a galaxy far, far away!”

## **MONDAY cont.**

### **Fitness Fun: PE Games & Activities**

Grades 3-4-5-6

**\$150 – 8 weeks**

**w/ John Rutledge**

**Maximum: 12**

Students will be moving and grooving in a variety of fun and challenging ways all in a supportive and encouraging environment! From group games to relay stations to independent movement, heart rates will soar and smiles are guaranteed. Don't let playing Xbox while lounging on your couch be your only Winter activity --- get up, get active and get moving!!

### **Dance with Derrick: So You Think You Can Dance! w/ Derrick Ladson**

Grades 2-3

**\$160 – 8 weeks**

**Maximum: 15**

Do you dance around your living room while listening to the latest pop, R & B or rap song? Do you have "moves" that could rival those on Dancing with the Stars? Well, if you do (or even if you just like moving around), join Derrick as he choreographs and teaches a dance routine (or two, or three) to accompany some of today's most popular songs. There will be a dance performance at the end of the session for family and friends.

### **Mad Scientist Club**

Grades 1-2-3-4

**\$160 – 8 weeks**

**w/ Alyssa Rosen Sangster**

**Maximum: 15**

If you love all things Science, this is the club for you! Each week, students will do hands on activities such as experimenting with electrical currents, creating whirling spinners, and testing chemical reactions that occur when making slime. You will also tackle some engineering challenges and create crystals and much more! There will be new experiments and creations offered this session if you have already taken the club before.

## **MONDAY cont.**

### **Learn to Sew & Design**

Grades 1-2-3-4-5

**\$175 – 8 weeks**

**w/ M. Avery Designs**

**Maximum: 8**

In this club, students will learn basic sewing machine usage and proficiency, as well as hand sewing when applicable. Our classes improve fine motor skills including pinning, cutting fabric, and sewing on the line. It also teaches creativity in designing individualized sewing projects from basic sewing patterns and teacher instruction. Completed sewing projects include things like stuffed animals, toys, bags, accessories, clothing and more! Every child works at their own pace – new sewers as well as returning club members are welcome!! Those with more sewing experience will be provided with more challenging sewing projects.

## **TUESDAY**

### **Table Tennis (Ping Pong) Club**

Grades 3-4-5-6-7-8

**\$160 – 8 weeks**

**w/ Coach Adam Hugh**

**Maximum: 12**

You've probably played the game of ping pong many times but never realized the agility and skill it takes to make you a great player (even if it is just for fun!). In this club, you will learn how to serve, smash the ball for a winning shot and take your game to the next level - or get you started if you've never played before. No prior experience necessary. Though it may seem like a simple game, table tennis stimulates mental alertness & concentration, improves reflexes and is considered great exercise! Your coach, Adam Hugh, has been playing table tennis since 9 years of age and was the #1 player in the country every year from age 11 through 18. He has represented the U.S. Men's National Team for many years (since 16) and has received many national titles. He has coached Table Tennis for over 15 years and is the founder and President of HiTT (Hoboken Table Tennis).

**Did you know that the Elysian Table Tennis Fall Club members took home the First place trophy in a tournament versing Ethical Community Charter School in Jersey City? You could be next!**

## **TUESDAY cont.**

### **Beginning Yoga & Mindfulness**

Grades K-1-2

**\$160 – 8 weeks**

**w/ Emily Killea**

**Maximum: 8**

In this club, our youngest students will learn introductory yoga poses, breathing and relaxation exercises and the benefits of meditation. Yoga increases strength and flexibility, improves motor skills and boosts children's self-esteem and concentration. Participants will take the lessons learned "on the mat" and use them in the real world: remaining calm, being present, proper breathing and awareness. Children will reap the lifelong benefits of yoga when introduced to it at a young age.

### **Back to Basic Board Games**

Grades 1-2-3

**\$150 – 8 weeks**

**w/ Lauren Barker**

**Maximum: 12**

Take a much needed break from technology and play some classic, and some newer, board games. Gamers will learn skills and sportsmanship while engaging in friendly (and supportive) competition. Are you a Monopoly, Trouble or Sorry fan?? Then this is the place to be! And, once you are reminded how much fun board games can be, you can start up your own Family Game Night at home!

### **Decoupage It!!**

Grades 2-3-4

**\$160 – 8 weeks**

**w/ Jill Schifter**

**Maximum: 10**

Students will explore the world of decoupage – the art of decorating an object by gluing various types of cut paper and other materials (magazine images, tissue paper, scrapbook paper and other decorative elements). Students will be free to choose their own subject matter and topics such as flowers, animals, people, abstract shapes... the possibilities are endless! Recycled materials, such as coffee cans, containers, etc. will be used to create these beautiful objects. Decoupage reached its height of popularity in the 17<sup>th</sup> Century --- and we are bringing this creative, fun art form back!!

### **The Animal Club**

Grades 3-4-5-6-7-8

**\$140 – 8 weeks**

**w/ Susan Gilbertson**

**Maximum: 8**

Calling all animal lovers! In this club, we will become animal advocates by making posters to advertise shelter adoptions, going behind-the-scenes at a local vet. getting a visit from a K-9 dog and much more! We will also make dog treats from scratch that we will then sell to raise money to donate to our favorite animal charity (and maybe bring home a couple to our own pets!). And, we will conduct a drive to collect much needed supplies for our local animal shelters.

## **TUESDAY cont.**

### **Magic Secrets**

Grades: K

**\$160 – 8 weeks**

### **w/ Hobby Quest**

**Maximum: 16**

Are you ready to learn the secrets of magic that have been guarded for centuries? Get ready to wow your audiences by learning amazing illusions! Friends and family will be stunned by your ability to predict the future with the “Envelope Prediction” and “Magic Top” tricks and they will be blown away by your mind reading abilities with the “Crayons” trick! You will learn how to magically balance a whole glass on just a playing card and sharpen your mind control by stiffening and loosening a piece of rope just by saying the magic word! At the end of the session, participants will put on a magic show that will surely amaze your family and friends! Students get to keep all of the magic tricks they were taught over the 8 weeks.

## **WEDNESDAY**

**Please note the current Fall session of Chess will run through Feb. 5th.**  
**The new Winter session of Chess will begin on February 12<sup>th</sup>.**

### **Chess Club**

### **w/ Coaches Johanna Soto and Carlos Sanchez**

Grades K-8

**\$300 – 14 weeks** (Please note that Chess Club runs from 3:00 – 4:30 pm each week so that students have enough time for both lessons and play)

The goals for the Chess Program are to help student players of all levels develop and hone skills that help them focus, solve problems efficiently and master cognitive reasoning. Class time will include challenging lessons, group activities, and practice in a safe and supportive environment. Team building and student empowerment are excellent ways to build confidence and prepare students for tournament play. This year, we will continue to incorporate the mentoring portion of the club where beginner students pair up with more advanced students the last portion of the class.

Coach Johanna Soto, who will be working with the intermediate and advanced players, is the Founder of NJ Chess Mates which offers chess programs to various schools in NY and NJ as well as private home lessons. Coach Carlos Sanchez, who will be working with our beginners, comes to us from Super Fun Chess and has been coaching and inspiring students in the sport of Chess for the past 19 years. Among his accomplishments, Carlos boasts several individual and school team State and National Champions titles.

## **WEDNESDAY cont.**

### **Rock Climbing – w/ The Gravity Vault (same club, different day!)**

Grades 3-4-5-6-7-8

Maximum: 24

**\$200 – 8 weeks**

Our wildly popular climbing club is back!!! This club is designed to teach rock climbing skills in a fun environment. It is an opportunity for kids to build strength, confidence and independence. The instructors will teach top-rope climbing, bouldering, games, knot tying, technique and more! An Elysian staff member will escort the children to the Gravity Vault each week and remain for the duration of the class to walk them back to school for dismissal. Both new climbers and returning climbers are welcome!

### **Pokemon Art Academy**

Grades 1-2-3-4

**\$175 – 8 weeks**

### **w/ Parker Anderson Enrichment**

Maximum: 10

Learn the step-by-step techniques to draw characters like Pikachu, Charizard, Dragonite, and many more! Explore different hands on media as you create Poke-Balls, Pikachu bracelets, and even your very own Pokemon Trading Cards! Become “the very best Pokemon trainer that no one ever was!”

### **Beginning Piano**

Grades 1-2-3

**\$225 – 8 weeks**

### **w/ Parker Anderson Enrichment**

Maximum: 10

Students will learn how to read music, the fundamentals of keyboard technique, basic rhythms, scales, and basic chords. Each week, students will learn simple pieces that will give them the confidence and incentive to stick with it! In class, students will be using roll-up pianos that they will then get to take home at the end of the session so that they can continue to practice what they have learned. Studies have shown that the best age for a child to begin playing piano is between 6 – 9 years of age to foster a life-long love of music. A recital for parents and friends will take place at the end of the session.

## **THURSDAY**

### **Dance with Derrick: Hip Hop**

Grades K-1

**\$160 – 8 weeks**

**w/ Derrick Ladson**

**Maximum: 15**

It's time to get your groove on with Derrick again! In this super popular club, students will be taught a choreographed dance routine by our uber talented movement teacher. Each week will begin with a warm up and students will participate in a variety of dance games that build confidence, self-esteem and coordination. Students will perform a full dance routine at the end of the session for families and friends.

### **Debate Club 102: Intro to the United Nations and Model UN**

Grades 6-7-8

**\$160 – 8 weeks**

**w/ Ashley Katz**

**Maximum: 12**

This club is modeled on the prestigious Model UN Club. Students participating in Debate Club will gain insight into the workings of the UN by examining relevant global issues through the scope of a representative of an assigned country. When debating, students assume the roles of UN delegates and debate real issues facing world leaders today. Student delegates are exposed to the challenges presented by the dynamics of international relations by debating difficult and controversial issues and ultimately drafting resolutions to them.

Debate Club should be viewed as a year long commitment culminating with a trip to the United Nations in the Spring. While you are not obligated to sign up for all three sessions, returning members from the previous session will be given priority over new members.

### **Drum Club**

Grades 1-2-3-4-5

**\$140 – 8 weeks**

**w/ Josh Levitin**

**Maximum: 14**

Students will be introduced to the art of the drum circle as they discover rhythms and patterns that they can play on djembe drums (just like the ones YaYa uses for Kuumba!). As they participate in this percussion ensemble, students will learn the different sounds of the various drums as they make music together. Drum playing is beneficial to reducing stress, increasing focus, stimulating the senses and building confidence.... But, most of all, it's a whole lot of fun!!

## **THURSDAY cont.**

### **Game Show Club**

Grades 4-5-6-7

**\$150 – 8 weeks**

**w/ John Rutledge**

**Maximum: 16**

We polled 100 people and asked them “What club do you want to see back at Elysian?” The number one answer..... The Game Show Club!! Everyone’s favorite game show host is back to lead students in friendly competition that build teamwork skills and sportsmanship. Do you think you have what it takes to perform the challenges on “Minute to Win It?” Do you answer the puzzles on “Wheel of Fortune” before the contestants do? Join us to find out if you really are “Smarter Than a 5<sup>th</sup> Grader (or 5<sup>th</sup> Grade teacher??). Get ready for some fun games and even some exciting physical and mental challenges.

### **The Detective Club: Solving Mysteries**

Grades 2-3-4

**\$150 – 8 weeks**

**w/ Emily Killea**

**Maximum: 8**

This is your chance to solve mysteries like a real detective. Use your intuition, common sense and street smarts to “think outside the box” while we try and problem solve and tackle mysterious situations. We will participate in escape rooms and do hands on detective work. It’s time to channel your inner Sherlock Holmes!

### **The Baking Club**

Grades 3-4-5-6-7-8

**\$200 – 6 weeks (please note this club runs 1 ½ hours each week)**

**w/ Diane DeSombre, RN**

**Maximum: 10**

Do you watch with envy when the kids on “Chopped Jr.” and “Master Chef Jr.” whip up those delicious creations in such a short amount of time? This club is Elysian’s answer to “The Great British Bake Off!” You will learn the basics of baking while creating a delectable fresh baked treat each week. Diane DeSombre, our resident baker, is back with brand new recipes to teach you how to create the perfect pastry, the tastiest cupcake and the most decadent dessert!!



## **FRIDAY**

### **Jewelry Making & Crafting Club**

Grades 1-2-3

**\$160 – 8 weeks**

Join us each week where you will have the opportunity to either create a unique piece of jewelry or make a one-of-a-kind craft. Can't decide..... then do both! Jewelry projects will range from stringing beads to wire and semi-precious stones. Crafting will range from clay to paint to other mediums while creating projects to celebrate upcoming holidays like Valentine's Day.

**w/ Ashley Katz**

**Maximum: 12**

### **Builders and Creators Club**

Grades 2-3-4

**\$160 – 8 weeks**

In this club we will build and create projects exploring different mediums such as cardboard, wood, plastic and more. Weekly projects include a birdhouse, a cardboard dollhouse, clay figurines and more! The possibilities are as endless as your imagination!

**w/ Cristina Francisco**

**Maximum: 12**

### **Healthy Minds in Active Bodies**

Grades K-1-2-3

**\$160 – 8 weeks**

Fuel your mind and your body by staying active! This club encourages children to lead a healthy lifestyle and make good choices when it comes to eating and exercise. Each class will begin with a warm up leading into a game or activity that gets our heart pumping. We will then create a healthy (and fun!) snack and discuss how good foods fuel our body and give us the energy to run and play... and learn!

**w/ Lauren Barker**

**Maximum: 12**

**\*\* Please note if you have an outstanding balance with the school (after care or lunch), or your account is past due, your child WILL NOT be able to participate in enrichment clubs. Please settle your account asap before registering your child for a club. Thank you.**



